



Would you like to become a Dementia Friend?

- 'Dementia Friends' is an initiative organised and supported by the Alzheimer's Society to raise awareness about dementia.
- A Dementia Friend learns a little bit more about what it is like to live with dementia and the ways in which you can help by turning your understanding into actions.
- Helping in small ways, can be as simple as spreading the word about Dementia Friends to visiting someone you know who has dementia!
- The information sessions are delivered by a trained person who is a Dementia Friend Champion
- You will learn more about dementia through some simple activities, analogies and examples.
- The training will last for approximately one hour.

Free Training will take place at The Madeley Centre, New Road, Madeley. CW3 9DN on Friday 5th February Sessions run from 10-11am or 11-12am Contact Debbie Burns to book your place tel 01782 751164